

Girls and women

Goal. Students see how being born a girl changes a life, from school to marriage to the right to earn, and what is moving.

AGES

15 and up (younger with the 12 to 14 sheet)

FITS

Ethics, civics, social studies, tutor time

TIME

45 minutes, one period

You need. Projector with the site. After the main walk, choose Girls and women from Fly another route, or use the link in the footer. Worksheet per student.

The lesson

5 min

Guess

Show the Half of us bars for your own country first (tap any pair). Ask: which gap surprised you? Then fly the route.

15 min

Walk

Fly the route: Juba, Rural Balochistan, Dedza district, Quiché, A village in rural India. At each stop read the number, one paragraph and What's working. With a short period, pick three stops.

10 min

Meet

Choose one person on the route. One student reads their story, another reads 'what they would tell you'. Ask what they would want this class to do.

10 min

Move

Worksheet. Then each student writes one move with a date, using the organisation named at a stop.

5 min

What's working

Reread only the What's working paragraphs. Ask: which of these could we copy here?

Questions for the room

1. In South Sudan a girl is more likely to die in childbirth than to finish school. How can both of those be true at once?
2. Malawi's chiefs annul child marriages themselves. Is that better or worse than waiting for courts?
3. In India 1 in 4 women are paid in cash for their work. What is the other work they do?

Answers and sources

Key figures: 70% of children in South Sudan are out of school (UNICEF, 2025). 26 million out of school in Pakistan (Save the Children, 2025). 4 in 10 Malawian girls married before 18 (UNICEF). 2 in 10 indigenous girls in Guatemala finish secondary school (MAIA). 1 in 4 Indian women aged 15 to 49 were paid in cash for work (NFHS-5). Globally, the WEF estimates 120 years to close the gender gap at today's pace. Every figure and its source is shown on the site at the stop.

Girls and women

Name _____

Class _____

Date _____

The stops

Place	Problem	The number
Juba, South Sudan	School	
Rural Balochistan, Pakistan	Girls	
Dedza district, Malawi	Marriage	
Quiché, Western Highlands, Guatemala	Girls	
A village in rural India	Women	

The girl or woman on the route I would want to meet, and why

The person I remember, and what they told us

One thing that is working

Girls and women

Name _____

Class _____

Date _____

The stops

Place	Problem	The number	What is working
Juba, South Sudan	School		
Rural Balochistan, Pakistan	Girls		
Dedza district, Malawi	Marriage		
Quiché, Western Highlands, Guatemala	Girls		
A village in rural India	Women		

Pick one stop and write the day of a girl your age there, from waking up to sleep, using only facts from the site.

Half of us showed our own country's figures. Compare one of them with a stop on this route.
